

Supporting people to live their best lives

Digital Championing in your community



Introductions



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Digital exclusion affects many more people and in more ways, than I realised

Session participant, Rosehill Theatre, Whitehaven

Aims of this session



Digital Exclusion, what is it?



Who could you support?



Digital Championing



Digital Champions Network – your ‘go to’ support tool

Digital Champions Network

Activity 1



On a piece of paper, list tasks and activities that you do using a digital device/using internet connection on a regular basis.

Digital Exclusion





What sort of skills do Digital Champions need?

- Not an IT expert
- Good listener
- Problem solver
- Can access solutions/seek help
- Able to build trust













Ways you can support people

- Informal chats with friends, relatives, neighbours – help out one to one
- Organise a drop in session with a local group (warm hub, coffee morning, craft social)
- Link up with the library, health centres to offer support to community members
- Do a presentation on different themes